

POSTPARTUM WELLNESS

A guide to your postpartum physical and mental wellbeing

JOIN US

Friday, January 26, 2024

12:00 - 1:00 P.M.

IN PERSON*

F&CS

Legacy Plaza East
Conference Center
5330 E. 31st St.

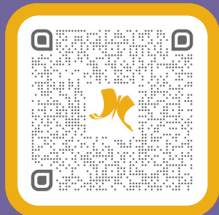
Rooms B&C

**Food provided and
children welcome.*

OR

ZOOM

Scan QR for link
and registration.



TO RESERVE YOUR IN-PERSON
OR ONLINE SPOT FOR EVENT
AND ZOOM LINK.

