

Family & Children's Services

# PRACTICUMS AND INTERNSHIP PROGRAM

*bachelors level*



Family &  
Children's  
SERVICES

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*Life Changing.*

# MAKE A *difference.*

Want to be the next great version of yourself AND change lives? Be our next great intern! We're looking for talented people who share our passion to make this corner of the world a better place for all.

Our culture of learning coupled with a commitment to using evidence-based treatment practices ensures interns grow professionally while making a tangible difference in clients' lives. A wide range of opportunities is available for interns at the bachelor's level. We provide broad-based learning exposure to numerous populations, ages and clinical service areas.

Positions require a 200-hour minimum commitment, completion of a general orientation and program-specific training. Some interns may rotate through multiple programs.

Here's what else you will *love* about F&CS:

- » Free clinical training and documentation support
- » Mentoring and peer support
- » State-of-the art technology and resources
- » Billing assistance
- » Strong licensure supervision that's FREE
- » Diverse program options
- » Rewarding clinical field experiences
- » Multi-disciplinary staff
- » And in-depth learning environment for successful professional practice

## child AND family PROGRAMS

### COMPREHENSIVE HOME-BASED SERVICES AND SAFECARE EXPANSION

Provide intensive and comprehensive home based case management and parent education for families identified as at risk for child abuse. Provide referrals and support, advocate for families and provide one-on-one education, based on the SafeCare model, on parenting education and child development.

### EARLY CHILDHOOD PROGRAM

Help strengthen families and prepare young children for success in school and beyond. Interns provide supportive case management, conduct family assessments, and assist with parent education activities, classroom consultations and a variety of interventions.

### FAMILY LIFE EDUCATION/ DIVORCE SERVICES

Help facilitate classes on developmentally appropriate parenting or parenting in unique circumstances, assist with registration and enrollment and offer input on curriculum development.



**SYSTEMS OF CARE** Provide intensive, strengths-based case management and rehabilitative services to children and families with complex need. Promote healthy functioning through team-based planning, which aims to develop problem-solving skills, coping skills and self-efficiency.

## adult PROGRAMS

**ASSERTIVE COMMUNITY TREATMENT** Provide intensive therapeutic and supportive services to clients who have a history of mental health hospitalizations and struggle with a serious mental illness and/or addiction. Assist with assessment, therapy services, case management, rehabilitation, wellness coaching and outreach services.

**BRIDGE** Participate in an integrated, multidisciplinary team and assist clients who are transitioning from a recent psychiatric hospital discharge to outpatient services and are experience complex mental health needs to manage their medical conditions, mental health, addictions and/or co-occurring disorders.

**HOPE** Help clients manage their medical conditions, mental illness, addictions, and/or co-occurring disorders by providing them with a multidisciplinary treatment team that can assist with integrated treatment and care coordination.

### **COPES: COMMUNITY OUTREACH PSYCHIATRIC EMERGENCY SERVICES**

Offer 24/7 intervention for and support to individuals experiencing thoughts of suicide, extreme psychosis and other psychiatric crises.

**CONNECTIONS** Help adults with mental illness, addictions and/or co-occurring disorders resolve crisis, change their behaviors, manage unexpected life challenges, and tend to symptom management and day-to-day functioning.



**HOMELESS OUTREACH TEAM** Provide assistance to homeless adult individuals who are diagnosed with a severe mental illness and are not currently engaged in treatment. Services focus on facilitating the acquisition of appropriate living arrangements, based on assessed client needs, as well as psychiatric care and other mental health services.

**LIVEWELL** Support adults with co-occurring mental and medical illnesses in their recovery by helping them develop skills for healthy living. Collaborate with primary care providers and nurse care managers to address needs holistically.

**NAVIGATE** Provide intensive community-based therapeutic and support services to clients 16-30 years old who have experienced their first episode of psychosis in the past two years. Services extend to family members to wrap around the client's primary support system and provide education to help clients get back on track with their recovery.

**OFFENDER SCREENING & JAIL RE-ENTRY** Provide risk, mental health and substance abuse screening services to district court defendants with the goal of identifying diversion alternatives to incarceration. Provide a single point of contact and work in partnership with others as part of a multidisciplinary team to provide a set of social service functions that helps clients access the resources they need to recover.

## SUBSTANCE ABUSE & SPECIALTY COURT

**SERVICES** Set individuals battling addiction on the path to recovery via outpatient services and community programs. Interns assist with intake, assessments and psychosocial rehabilitation and help facilitate group and individual sessions.

**WOMEN IN RECOVERY** Intensive day treatment program to help women facing prison recover from past trauma, conquer addiction, connect to available resources and become positive, contributing members of the community. Interns assist with psychosocial rehabilitation, group co-facilitation and advocacy.

**WOMEN'S JUSTICE TEAM** Provide court advocacy and outpatient treatment services to at-risk and justice involved women with a mental health and/or substance use disorder. Interns assist with re-entry from jail or prison, case management and rehabilitation, education/employment, parenting and recovery support.



**apply** NOW AT:

[www.fcsok.org/internships](http://www.fcsok.org/internships)

If you have questions about student internship opportunities or need help with the application process, please call **918.600.3640** or email [internships@fcsok.org](mailto:internships@fcsok.org).

# documentation UNIVERSITY

## CLINICAL ORIENTATION

You will learn:

- » Evidence-based practices and why we use them
- » About compassion fatigue and the importance of self-care
- » The rules and regulations of HIPAA
- » About ethical decision making

## SUICIDE AND RISK ASSESSMENTS

You will learn and practice:

- » Clinical risk assessments
- » Skills to assess for imminent danger to self or others

## COMPREHENSIVE CARE PLANS AND PROGRESS NOTES

You will learn:

- » The importance of treatment planning
- » How to develop goals and objectives for treatment
- » The purpose of comprehensive documentation
- » Appropriate session documentation and agency expectations in practice

## ASSESSMENT AND DIAGNOSIS

You will learn:

- » The importance of assessments and how they assist in treatment
- » How to administer agency-approved assessments
- » Diagnostic techniques

# CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

## PROGRAMS

- » Child Abuse & Trauma Treatment
- » Family Preservation, Visitation & Reunification
- » Children's Counseling & Mental Health Services
- » Counseling for Adults & Families
- » Mental Health & Addiction Treatment for Adults
- » Psychiatry & Pharmacy
- » Women in Recovery
- » Family Life Education & Parenting Programs
- » Marriage Enrichment Programs
- » Divorce Adjustment Services
- » Crisis Intervention

Family & Children's Services  
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[www.fcsok.org](http://www.fcsok.org)



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