

Family & Children's Services

PRACTICUMS AND INTERNSHIP PROGRAM

masters level



Family &
Children's
SERVICES

Life Changing.

MAKE A *difference.*

Want to be the next great version of yourself AND change lives? Be our next great intern! We're looking for talented people who share our passion to make this corner of the world a better place for all.

Our culture of learning coupled with a commitment to using evidence-based treatment practices ensures interns grow professionally while making a tangible difference in clients' lives. A wide range of opportunities is available for interns at the master's level. We provide broad-based learning exposure to numerous populations, ages and clinical service areas.

Positions require a 200-hour minimum commitment, completion of a general orientation and program-specific training. Some interns may rotate through multiple programs.

Here's what else you will *love* about F&CS:

- » Free clinical training and documentation support
- » Mentoring and peer support
- » State-of-the art technology and resources
- » Billing assistance
- » Strong licensure supervision that's FREE
- » Diverse program options
- » Rewarding clinical field experiences
- » Multi-disciplinary staff
- » And in-depth learning environment for successful professional practice

child AND family PROGRAMS

EARLY CHILDHOOD PROGRAM

Help strengthen families and prepare young children for success in school and beyond by providing classroom consultation, and therapeutic interventions for families and children.

CHILD ABUSE AND TRAUMA SERVICES

Provide a range of therapeutic services to children and their families who have survived sexual abuse or trauma.

CHILD & FAMILY STRENGTHENING CENTER

Work with children, adults, families and couples to improve functioning with school behaviors, family support, parenting, discipline and a variety of mental health issues to improve functioning.

SCHOOL BASED Provide therapeutic interventions in a school-based setting serving the Tulsa and surrounding areas.

OKLAHOMA HEALTHY TRANSITIONS

INITIATIVE Provide therapeutic interventions for youth and young adults, ages 16-25, as they transition into adulthood.



adult PROGRAMS



ASSERTIVE COMMUNITY TREATMENT Provide intensive therapeutic and supportive services to clients who have a history of mental health hospitalizations and struggle with a serious mental illness and/or addiction.

BRIDGE Work with a multidisciplinary team to provide intensive therapeutic and supportive services to clients transitioning from a recent psychiatric hospital discharge to outpatient services. Clients often have complex mental health needs, including acute psychosis, histories of trauma, and co-occurring substance use disorders.

CONNECTIONS Participate in providing group and individual therapy to enhance day-to-day functioning and recovery while improving relationships, self-confidence, coping skills and the effective management of grief, stress, anger, anxiety and depression.

COPEs: COMMUNITY OUTREACH PSYCHIATRIC EMERGENCY SERVICES
Offer 24/7 intervention for and support to individuals experiencing thoughts of suicide, extreme psychosis and other psychiatric crises.

HOPE Help clients manage their medical conditions, mental illness, addictions, and/or co-occurring disorders by providing them with a multidisciplinary treatment team that can assist with integrated treatment and care coordination.

HOMELESS OUTREACH TEAM Reach out to individuals (and their families) experiencing homelessness and mental illness to offer therapeutic interventions and advocacy.

JAIL RE-ENTRY Obtain referrals from the District Attorney and provide assessments in order to connect clients to outpatient services for continued mental health and/or substance abuse treatment.

LIVEWELL Provide group and individual therapy to enhance daily functioning and recovery while improving relationships, self-confidence, coping skills, and effective management of grief, stress, anger, anxiety, depression, while also assisting in management of physical ailments.

NAVIGATE Provide intensive community-based therapeutic and support services to clients 16-30 years old who have experienced their first episode of psychosis in the past two years. Services extend to family members to wrap around the client's primary support system and provide education to help clients get back on track with their recovery.

SUBSTANCE ABUSE & SPECIALTY COURT SERVICES Set individuals battling addiction on the path to recovery via individual and group therapy while collaborating and advocating with the justice system.



WOMEN IN RECOVERY Provide therapeutic group and individual interventions in an intensive day treatment program to help women facing prison recover from past trauma, conquer addiction, connect to available resources and become positive, contributing members of the community.

WOMEN'S JUSTICE TEAM Provide court advocacy and outpatient therapeutic services to at-risk and justice involved women with a mental health and/or substance use disorder.

documentation

UNIVERSITY

CLINICAL ORIENTATION

You will learn:

- » Evidence-based practices and why we use them
- » About compassion fatigue and the importance of self-care
- » The rules and regulations of HIPAA
- » About ethical decision making

SUICIDE AND RISK ASSESSMENTS

You will learn and practice:

- » Clinical risk assessments
- » Skills to assess for imminent danger to self or others

COMPREHENSIVE CARE PLANS AND PROGRESS NOTES

You will learn:

- » The importance of treatment planning
- » How to develop goals and objectives for treatment
- » The purpose of comprehensive documentation

- » Appropriate session documentation and agency expectations in practice

ASSESSMENT AND DIAGNOSIS

You will learn:

- » The importance of assessments and how they assist in treatment
- » How to administer agency-approved assessments
- » Diagnostic techniques

THEORY INTO PRACTICE

Weekly group supervision to bring theory out of the classroom and into practice to establish a foundation for working in a variety of environments in our community.



apply NOW AT:

www.fcsok.org/internships

If you have questions about student internship opportunities or need help with the application process, please call **918.600.3640** or email internships@fcsok.org.

CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

PROGRAMS

- » Child Abuse & Trauma Treatment
- » Family Preservation, Visitation & Reunification
- » Children's Counseling & Mental Health Services
- » Counseling for Adults & Families
- » Mental Health & Addiction Treatment for Adults
- » Psychiatry & Pharmacy
- » Women in Recovery
- » Family Life Education & Parenting Programs
- » Marriage Enrichment Programs
- » Divorce Adjustment Services
- » Crisis Intervention

Family & Children's Services
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www.fcsok.org



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