Family & Children's Services

SAFECARE HOME-BASED PARENTING

Family & Children's SERVICES

Life Changing.

Our caring, family preservation specialists provide home-based services to strengthen and nurture overburdened families using a skill based model. Caregivers and their children, ages 0-5, will increase their positive relationships.

We are the place to turn when your family's challenges seem overwhelming or too difficult to handle alone. We provide services that engage, involve, strengthen and support your family in the most effective way to ensure children's safety and well-being.

Our specialists provide positive solutions for you and your family. We also help you:

- Reduce parental stress
- Develop positive parenting skills
- Understand and ensure child health and safety
- Enhance parent, infant and child interaction
- Build child development skills
- Help manage child behavior
- Develop life, communication and healthy relationship skills
- Strengthen the family relationship
- Learn problem solving skills
- Learn home maintenance and budgeting skills
- Access community resources to help get essential needs met
- Connect to mental health and substance abuse services and treatments
- Link to educational and job training
- Find stable housing

LIFE CHANGING

"BECAUSE OF THIS PROGRAM, I'M A BETTER PARENT AND HAVE THE FOUNDATION TO CONTINUE BUILDING A STRONG RELATIONSHIP WITH MY CHILDREN."

FAMILY PRESERVATION SERVICES

Our specialists are available to help you support and strengthen your family. Our goal is to reduce stress, assess your child's needs and increase positive parenting experiences.

Families receive weekly training and education to promote bonding and positive parent-child interaction, help manage child behavior and ensure health and safety in the home.

SAFECARE

Our family preservation specialists utilize the SafeCare Model when working with all families. This promising practice and parent training program improves your home safety skills, the health of your child and parent-child interactions.

» HEALTH

Learn how to keep your children at their healthiest. Our family preservation specialists "role play" various health-related scenarios so you know when to treat your child at home, see a doctor or head to the emergency room. We also provide you with basic health supplies such as a thermometer, medicine dropper and first-aid kit.

» HOME SAFETY

Through home evaluations, we help you identify common household hazards and make them inaccessible to your children. We also help develop the skills needed to prevent accidents and injuries related to household hazards, and provide you with childproofing safety devices.

» PARENT-CHILD INTERACTION

Discover the importance of engaging your baby or child in stimulating activity that will help them grow and learn. We also help you and your child bond and prevent challenging behaviors as well as teach you activities that will increase your child's learning.

CASE MANAGEMENT

While respecting cultural diversity, our specialist use a family-focused, child-centered approach to teach families how to function at their best. We help you build on the knowledge, experience and existing strengths you have as a parent. Together we will set goals to create long-term, positive and permanent changes.

FAMILY LIFE EDUCATION

Because positive parenting can make such a difference in the life of a family, we offer a variety of parenting and relationship enhancement classes to parents and couples throughout the year. To register, call 918.587.9471.

COPES MOBILE PSYCHIATRIC CRISIS SERVICES

COPES provides 24-hour rapid response, stabilization and intervention for anyone in Tulsa County having thoughts of suicide, harming themselves, hurting others or having feelings of being out of control. Children, teens and adults in crisis are stabilized and linked to ongoing care. For help, call 918.744.4800.

CONTACT US

For more information, call 918.584.4549.

Your worker is:

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SERVICES ARE AVAILABLE IN THE FOLLOWING COUNTIES

- Creek
- Mayes
- Muskogee
- Okmulgee
- Osage
- Pawnee
- Rogers
- Tulsa
- Wagoner
- Washington

CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

PROGRAMS

- Child Abuse & Trauma Treatment
- Family Preservation, Visitation & Reunification
- Children's Counseling & Mental Health Services
- Counseling for Adults & Families
- Mental Health & Addiction Treatment for Adults
- Psychiatry & Pharmacy
- Women in Recovery
- Family Life Education & Parenting Programs
- Marriage Enrichment Programs
- Divorce Adjustment Services
- Crisis Intervention

Family & Children's Services
5310 East 31st Street
Tulsa, Oklahoma 74135
918.587.9471
www.fcsok.org

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OKLAHOMA Human Services

This agency is an Equal Opportunity Provider.