

Family & Children's Services

PRACTICUMS AND INTERNSHIP PROGRAM

masters level



Family &
Children's
SERVICES

Life Changing.

MAKE A *difference.*

Want to be the next great version of yourself AND change lives? Be our next great intern! We're looking for talented people who share our passion to make this corner of the world a better place for all.

Our culture of learning coupled with a commitment to using evidence-based treatment practices ensures interns grow professionally while making a tangible difference in clients' lives. A wide range of opportunities is available for interns at the master's level. We provide broad-based learning exposure to numerous populations, ages and clinical service areas.

Positions require a 200-hour minimum commitment, completion of a general orientation and program-specific training. Some interns may rotate through multiple programs.

Here's what else you will *love* about F&CS:

- » Free clinical training and documentation support
- » Mentoring and peer support
- » State-of-the art technology and resources
- » Billing assistance
- » Strong licensure supervision that's FREE
- » Diverse program options
- » Rewarding clinical field experiences
- » Multi-disciplinary staff
- » And in-depth learning environment for successful professional practice

child AND family PROGRAMS

EARLY CHILDHOOD PROGRAM

Help strengthen families and prepare young children for success in school and beyond. Interns provide supportive case management, conduct family assessments, and assist with parent education activities, classroom consultations and a variety of interventions.

CHILD ABUSE AND TRAUMA SERVICES

Provide a range of therapeutic services to children who have survived sexual abuse or trauma and their families. Co-facilitate therapy sessions and groups, shadow during assessments and gain experience in Trauma Focused Cognitive Behavioral Therapy, Child Parent Psychotherapy and Parent Child Interaction Therapy.

CHILD & FAMILY STRENGTHENING CENTER

Work with children, adults, families and couples to improve functioning with school behaviors, family support, parenting, discipline and a variety of mental health issues to improve functioning. Interns can shadow and co-lead therapeutic services with children and families for intakes and sessions, as well as co-lead and provide therapeutic services independently for adults and couples for intakes and ongoing sessions.



adult PROGRAMS

ADULT MENTAL HEALTH: help adults with mental illness, addictions and/or co-occurring disorders resolve crisis, change behaviors, manage unexpected life challenges, and tend to symptom management and day-to-day functioning. Interns assist in intake, assessments and treatment planning and co-lead individual and group sessions.

BRIDGE Clients are transitioning from a recent psychiatric hospital discharge to outpatient services and often have complex mental health needs, including acute psychosis, histories of trauma, and co-occurring substance use disorders. Assist clients in managing their medical conditions, mental illness, addictions, and/or co-occurring disorders by providing integrated treatment by a multidisciplinary team and care coordination.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC Help clients manage their medical conditions, mental illness, addictions, and/or co-occurring disorders by providing them with a multidisciplinary treatment team that can assist with integrated treatment and care coordination.



COPEs: COMMUNITY OUTREACH PSYCHIATRIC EMERGENCY SERVICES

Offer 24/7 intervention for and support to individuals experiencing thoughts of suicide, extreme psychosis and other psychiatric crises.

FLEXIBLE ASSERTIVE COMMUNITY

TREATMENT Provide intensive therapeutic and supportive services to clients who have a history of mental health hospitalizations and struggle with a serious mental illness and/or addiction. Assist with assessment, therapy services, case management, rehabilitation, wellness coaching and outreach services.

HOMELESS OUTREACH TEAM

Provide assistance to homeless adult individuals who are diagnosed with a severe mental illness and are not currently engaged in treatment. Services focus on facilitating the acquisition of appropriate living arrangements, based on assessed client needs, as well as psychiatric care and other mental health services.

NAVIGATE

Provide intensive community-based therapeutic and support services to clients 16-30 years old who have experienced their first episode of psychosis in the past two years. Services extend to family members to wrap around the client's primary support system and provide education to help clients get back on track with their recovery.

PROGRAM OF ASSERTIVE COMMUNITY

TREATMENT Provide intensive and comprehensive mental health services to individuals living with a severe mental illness and/or addiction and who have had multiple psychiatric hospitalizations in the past two years. Assist with assessments, therapy services, case management, rehabilitation, wellness coaching and outreach services.



SUBSTANCE ABUSE & SPECIALTY COURT SERVICES

Set individuals battling addiction on the path to recovery via outpatient services and community programs. Interns assist with intake, assessments and psychosocial rehabilitation and help facilitate group and individual sessions.

WOMEN IN RECOVERY

Intensive day treatment program to help women facing prison recover from past trauma, conquer addiction, connect to available resources and become positive, contributing members of the community. Interns assist with psychosocial rehabilitation, group co-facilitation and advocacy.

WOMEN'S JUSTICE TEAM

Provide court advocacy and outpatient treatment services to at-risk and justice involved women with a mental health and/or substance use disorder. Interns assist with re-entry from jail or prison, case management and rehabilitation, education/employment, parenting and recovery support.

apply NOW AT:

www.fcsok.org/internships

If you have questions about student internship opportunities or need help with the application process, please call **918.560.1132** or email internships@fcsok.org.

documentation UNIVERSITY



CLINICAL ORIENTATION

You will learn:

- » Evidence-based practices and why we use them
- » About compassion fatigue and the importance of self-care
- » The rules and regulations of HIPAA
- » About ethical decision making

SUICIDE AND RISK ASSESSMENTS

You will learn and practice:

- » Clinical risk assessments
- » Skills to assess for imminent danger to self or others

TREATMENT PLANS AND PROGRESS NOTES

You will learn:

- » The importance of treatment planning
- » How to develop goals and objectives for treatment
- » The purpose of comprehensive documentation
- » Appropriate session documentation and agency expectations in practice

ASSESSMENT AND DIAGNOSIS

You will learn:

- » The importance of assessments and how they assist in treatment
- » How to administer agency-approved assessments
- » Diagnostic techniques

THEORY INTO PRACTICE

Weekly group supervision to bring theory out of the classroom and into practice to establish a foundation for working in a variety of environments in our community.

CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

PROGRAMS

- » Child Abuse & Trauma Treatment
- » Family Preservation, Visitation & Reunification
- » Children's Counseling & Mental Health Services
- » Counseling for Adults & Families
- » Mental Health & Addiction Treatment for Adults
- » Psychiatry & Pharmacy
- » Women in Recovery
- » Family Life Education & Parenting Programs
- » Marriage Enrichment Programs
- » Divorce Adjustment Services
- » Crisis Intervention

Family & Children's Services
650 South Peoria Avenue
Tulsa, Oklahoma 74120

918.587.9471

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