# Oklahoma Children's Services COMPREHENSIVE HOME BASED SERVICES & PARENT AIDE SERVICES





Life Changing.

Our caring, family preservation specialists provide home-based services to strengthen, reunify and nurture overburdened families who are at-risk for child abuse, neglect or other adverse childhood experiences.

We are the place to turn when your family's challenges seem overwhelming or too difficult to handle alone. We provide services that engage, involve, strengthen and support your family in the most effective way to ensure children's safety, permanency and well-being.

Our specialists provide positive solutions for you and your family. We also help you:

- » Understand and ensure child safety
- » Develop life, communication and relationship skills
- » Link to educational and job training
- » Find stable housing
- » Become self-sufficient
- » Learn home maintenance and budgeting skills
- » Obtain medical care
- » Access community resources
- » Develop positive parenting skills
- » Break the cycle of abuse or violence
- » Strengthen the family relationship
- » Identify and create family traditions
- » Build child development skills
- » Work with special needs children
- » Manage anger
- » Connect to mental health and substance abuse services and treatments



"BECAUSE OF THIS PROGRAM, I'M A BETTER PARENT AND HAVE THE FOUNDATION TO CONTINUE BUILDING A STRONG RELATIONSHIP WITH MY CHILDREN."

### FAMILY PRESERVATION SERVICES

#### CASE MANAGEMENT WORKS.

We use a family-focused, child-centered approach, and respecting cultural diversity, our specialists teach families how to function at their best. We help you learn the necessary skills to avoid using abuse or neglect in your parenting. Together we will set goals to create long-term, positive and permanent changes.



#### COMPREHENSIVE HOME BASED SERVICES

Our specialists are available 24/7 to help you prevent situations that may cause your children to be placed in foster or adoptive homes due to abuse or neglect experiences. For parents and children being reunified, we help you maintain the safety of your children, as well as support and strengthen your family.

#### PARENT AIDE

Our compassionate Parent Aide professionals come into the home to enhance and develop your parenting and household skills. We'll also connect you to effective community resources to help you achieve desired goals.

#### FAMILY LIFE EDUCATION

Because positive parenting can make such a difference in the life of a family, we offer a variety of parenting and relationship enhancement classes to parents and couples throughout the year. To register, call 918.587.9471.

#### COPES MOBILE PSYCHIATRIC CRISIS SERVICES

COPES provides 24-hour rapid response, stabilization and intervention for anyone in Tulsa County having thoughts of suicide, harming themselves, hurting others or having feelings of being out of control. Children, teens and adults in crisis are stabilized and linked to ongoing care. For help, call 918.744.4800.



#### SAFE CARE

Our family preservation specialists utilize the Safe Care Model when working with all families. This promising practice, parent training program improves your skills in home safety, health and parent-child interaction.

#### » HEALTH

Learn how to keep your children at their healthiest. Our family preservation specialists role play various health scenarios so you know when to treat your child at home, see a doctor or head to the emergency room. We also provide you with basic health supplies such as a thermometer, medicine dropper and first-aid kit.

#### » HOME SAFETY

Through home evaluations, we help you identify common household hazards and make them inaccessible to your children, as well as develop the skills needed to prevent accidents and injuries related to household hazards. We also provide you with childproofing safety devices.

#### » PARENT-CHILD INTERACTION

Discover the importance of engaging your baby or child in stimulating activity that will help him/her grow and learn. We also help you and your child bond and prevent challenging behaviors, as well as teach you activities that will increase your child's learning.



### CONTACT US

For more information, call 918.584.4549.

Your CHBS/PAS worker is

Your team leader is



Family & Children's Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

## CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

#### PROGRAMS

- » Child Abuse & Trauma Treatment
- Family Preservation, Visitation
  & Reunification
- » Children's Counseling
  & Mental Health Services
- » Counseling for Adults & Families
- » Mental Health & Addiction Treatment for Adults
- » Psychiatry & Pharmacy
- » Women in Recovery
- » Family Life Education & Parenting Programs
- » Marriage Enrichment Programs
- » Divorce Adjustment Services
- » Crisis Intervention

Family & Children's Services 650 South Peoria Avenue Tulsa, Oklahoma 74120 918.587.9471 www.fcsok.org



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