



PRACTICUMS AND INTERNSHIPS

Family & Children's Services provides broad-based learning exposure to numerous populations, ages and clinical service areas. Our culture of learning coupled with a commitment to using evidence-based treatment practices ensures interns grow professionally while making a tangible difference in clients' lives.

A wide range of opportunities is available for interns at both the bachelor's and master's levels. Positions require a commitment of a **minimum of 200 hours**, completion of a general orientation and program-specific training. Some interns may rotate through multiple programs. At this time, we cannot accommodate night and weekend hours.

CHILD AND FAMILY PROGRAMS

(B, M) EARLY CHILDHOOD PROGRAM (ECP) – help strengthen families and prepare young children for success in school and beyond. Interns provide supportive case management, conduct family assessments, and assist with parent education activities, classroom consultations and a variety of interventions.

(M) CHILD ABUSE AND TRAUMA SERVICES (CATS) – provide hope and healing, via a range of therapeutic services, to children who have survived sexual abuse or trauma and their families. Interns co-facilitate therapy sessions and groups, shadow during assessments and gain experience in Trauma Focused Cognitive Behavioral Therapy, Child Parent Psychotherapy and Parent Child Interaction Therapy.

(M) "INTENSIVE SAFETY SUPPORTS" (ISS) – collaborate closely with DHS and caregivers with families at risk of having children taken into DHS custody, with the goal of safely preventing out of home placement through this partnership.

(B, M) CHILD & FAMILY STRENGTHENING CENTER (CFSC) - work with children, adults, families and couples to improve functioning with school behaviors, family support, parenting, discipline and a variety of mental health issues to improve functioning. Interns can shadow and co-lead therapeutic services with children and families for intakes and sessions, as well as co-lead and provide therapeutic services independently for adults and couples for intakes and ongoing sessions.

(B) FAMILY LIFE EDUCATION/ DIVORCE SERVICES (FLE) – share strategies for improving relationships and strengthening family function. Interns help facilitate classes on developmentally appropriate parenting or parenting in unique circumstances, assist with registration and enrollment, and offer input on curriculum development. Interns work with counselors to assist parents, either at the Tulsa County Courthouse or the Oklahoma Child Support Services office.

(M) SCHOOL-BASED COUNSELING (SB) – help children and teens with emotional or behavioral problems in select schools across the Tulsa area get the help they need to achieve their best at school. Interns both observe the client service delivery process and engage in assisting clients under supervision.

(B) COMPREHENSIVE HOME BASED SERVICES (CHBS) – provide intensive and comprehensive home based case management and parent education for families identified as at risk for child abuse. Interns assist in providing referrals and support, advocate for families and provide one-on-one education, based on the SafeCare model, on parenting education and child development.

(B) SYSTEMS OF CARE (SOC) – provide intensive, strengths-based case management and rehabilitative services to children and families with complex need. Promote healthy functioning through team-based planning, which aims to develop problem-solving skills, coping skills and self-efficiency. Interns assist in contacting referrals and following up with formal/informal supports for each family, oversees application of service delivery in the client's home and provides information on community resources to families.

(B) indicates opportunities for bachelor's level interns and
(M) for master's level interns

ADULT MENTAL HEALTH PROGRAMS

(B, M) ADULT MENTAL HEALTH SERVICES (AMH) – help adults with mental illness, addictions and/or co-occurring disorders resolve crisis, change their behaviors, manage unexpected life challenges, and tend to symptom management and day-to-day functioning. Master level interns assist in intake, assessments and treatment planning and co-lead individual and group sessions. Bachelor level interns will assist with refer and/or linking clients to community resources, create and co-lead groups, and shadow individual case management sessions.

(B, M) SUBSTANCE ABUSE SERVICES (SA) – set individuals battling addiction on the path to recovery via outpatient services and community programs. Interns assist with intake, assessments and psychosocial rehabilitation and help facilitate group and individual sessions.

(B, M) NAVIGATE – provide intensive community-based therapeutic and support services to clients 16-30 years old who have been experiencing their first episode of psychosis in the past 2 years. Services extend to family members to wrap around the client's primary support system and provide education to help clients get back on track with their recovery from a schizophrenia spectrum disorder. Interns assist with assessment, therapy, case management, rehabilitation, and outreach services.

(B) LIVEWELL – support adults with co-occurring mental and medical illnesses in their recovery by helping them develop skills for healthy living. Collaborate with Primary Care providers and Nurse Care Managers to address needs holistically. Interns help provide referral, advocacy, wellness resources, assessment and treatment planning for the most vulnerable in our community.

(B, M) WOMEN IN RECOVERY (WIR) – help women involved in the criminal justice system recover from past trauma, conquer addiction, connect to available resources and become positive, contributing members of the community. Interns assist with intake and assessment services, psychosocial rehabilitation and group sessions.

(M) COMMUNITY OUTREACH PSYCHIATRIC EMERGENCY SERVICES (COPEs) – offer 24/7 intervention for and support to individuals experiencing thoughts of suicide, extreme psychosis and other psychiatric crises. Many different scheduling options are available. Interns must be willing to complete practicum and internship. Interns will, by the end of the experience, be paired with a seasoned partner, conduct crisis assessments and function as a full team member.

(B, M) PROGRAM OF ASSERTIVE COMMUNITY TREATMENT (PACT) – provide intensive and comprehensive therapeutic and support services to clients who are homeless and have a serious mental illness, addiction and a history of multiple hospitalizations. Interns assist with assessment, case management, rehabilitation and outreach services.

(B, M) HOMELESS OUTREACH TEAM (HOT) – provide assistance to homeless adult individuals (18 years old and older) who are diagnosed with a severe mental illness and are not currently engaged in treatment. Services focus on facilitating the acquisition of appropriate living arrangements, based on assessed client needs, as well as psychiatric care and other mental health services. Outreach at shelters and on the streets are a unique part of this program. Interns help complete screenings and conduct street and shelter outreach.

(B) RE-ENTRY INTENSIVE CARE COORDINATION TEAM (RICCT) – assist adults who have been diagnosed with a severe mental illness and are discharging from Department of Corrections (DOC) integrate back into the community. Services include screening incarcerated referrals, intensive case management, rehab groups, therapy, and recovery support services. Interns assist with linking clients to community resources and facilitating rehab groups.

(B, M) CRISIS CARE CENTER – provide critically-needed psychiatric services, including screening, triage, assessment, crisis respite, 24-hour service and crisis stabilization. Interns will assist with triage, assessment, monitoring, crisis intervention, linking patients to community resources, co-leading group and individual therapy services.

For more information, contact Claudia Arthrell, director of professional services, at 918.560.1244 or carthrell@fcsok.org. Applications are available online at www.fcsok.org/jobs/interns.