

Family & Children's Services

COPEs

TELEPHONE AND MOBILE CRISIS SERVICES
FOR ADULTS AND CHILDREN



Family &
Children's
SERVICES

918.744.4800

Life Changing.



We are the place to call when you feel lost, lonely, trapped or have no one else to turn to for help.

COPES is free, confidential and always available. We can help you or a loved one during a crisis any time of the day or night.

With help comes hope. Family & Children’s Services COPES (Community Outreach Psychiatric Emergency Services) is a telephone and mobile crisis service that responds around the clock to children and adults experiencing a severe emotional or behavioral disturbance or psychiatric emergency.



We are a phone call away for help with:

- » Suicidal thoughts, threats of suicide or self-harm
- » Aggressive behavior
- » Threats to harm others
- » Depression
- » Severely emotionally upset or unable to care for daily needs
- » Poor reality testing or thought disorder
- » Overwhelming anxiety or panic attacks

HOW DOES COPES HELP

Our COPES team assesses the level of risk, provides crisis support by phone and, when needed, will go directly to the person in crisis. COPES rapid response can save lives and keeps those in crisis safe and stable by providing:

- » Crisis assessment
- » Crisis intervention
- » Crisis stabilization
- » Community linkages for ongoing mental health care

We can work with family members, friends, law enforcement and other professionals to ensure safe resolutions and intervention plans are put into place.

CRISIS CARE CENTER

Our 24/7 CrisisCare Center provides short-term crisis stabilization in a secured, safe and caring environment for emergency psychiatric needs of adults. In addition to COPES, services include:

- » Screening, Triage and Assessment Center
- » Crisis Respite Center (up to 24 hours)
- » Crisis Stabilization Unit (3-5 days)

ANYONE IN TULSA COUNTY CAN CALL COPES FOR HELP:

918.744.4800

Children · Adults · Consumers · Parents
Family Members · Friends · Schools · Neighbors
Law Enforcement · Social Services

Family & Children’s Services complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.



National Suicide Prevention Lifeline Member

CHANGING LIVES FOR 1 IN 6 TULSANS.

Family & Children's Services is a recognized behavioral health care leader in Tulsa, Oklahoma and surrounding communities. We provide an array of specialized programs in mental health, substance abuse and family services. Our dedicated staff heal traumatized and hurting children, strengthen individuals and families, and provide hope and recovery for those battling mental illness and addiction. We give clients hope and set them on the path to recovery and, in the process, make our community a better place for all. Programs are offered through a network of convenient office locations.

PROGRAMS

- » Child Abuse & Trauma Treatment
- » Family Preservation, Visitation & Reunification
- » Children's Counseling & Mental Health Services
- » Counseling for Adults & Families
- » Mental Health & Addiction Treatment for Adults
- » Psychiatry & Pharmacy
- » Women in Recovery
- » Family Life Education & Parenting Programs
- » Marriage Enrichment Programs
- » Divorce Adjustment Services
- » Crisis Intervention



Office Line: 918.921.3200
Crisis Line: 918.744.4800

www.fcsok.org

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