



## Family & Children's Services

# PRACTICUMS AND INTERNSHIPS

Family & Children's Services provides broad-based learning exposure to numerous populations, ages and clinical service areas. Our culture of learning coupled with a commitment to using evidence-based treatment practices ensures interns grow professionally while making a tangible difference in clients' lives.

A wide range of opportunities is available for interns at both the bachelor's and master's levels. Positions require a commitment of a **minimum of 200 hours**, completion of a general orientation and program-specific training. Some interns may rotate through multiple programs. At this time, we cannot accommodate night and weekend hours.



### CHILD AND FAMILY PROGRAMS

**(B, M) EARLY CHILDHOOD PROGRAM** – help strengthen families and prepare young children for success in school and beyond. Interns provide supportive case management, conduct family assessments, and assist with parent education activities, classroom consultations and a variety of interventions.

**(M) CHILD ABUSE AND TRAUMA SERVICES** – provide hope and healing, via a range of therapeutic services, to children who have survived sexual abuse or trauma and their families. Interns co-facilitate therapy sessions and groups, shadow during assessments and gain experience in Trauma Focused Cognitive Behavioral Therapy, Child Parent Psychotherapy and Parent Child Interaction Therapy.

**(B, M) CHILD & FAMILY STRENGTHENING CENTER-** work with children, adults, families and couples to improve functioning with school behaviors, family support, parenting, discipline and a variety of mental health issues to improve functioning. Interns can shadow and co-lead therapeutic services with children and families for intakes and sessions, as well as co-lead and provide therapeutic services independently for adults and couples for intakes and ongoing sessions.

**(B) FAMILY LIFE EDUCATION** – share strategies for improving relationships and strengthening family function. Interns help facilitate classes on developmentally appropriate parenting or parenting in unique circumstances, assist with registration and enrollment, and offer input on curriculum development.

**(B, M) SCHOOL-BASED COUNSELING** – help children and teens with emotional or behavioral problems in select schools across the Tulsa area get the help they need to achieve their best at school. Interns both observe the client service delivery process and engage in assisting clients under supervision.

**(B) DIVORCE SERVICES** – reduce the trauma of divorce on children by assisting parents in developing workable parenting plans and focusing on the best interests of their children. Interns work with counselors to assist parents, either at the Tulsa County Courthouse or the Oklahoma Child Support Services office.

(B) indicates opportunities for bachelor's level interns and  
(M) for master's level interns

**(B) FAMILY PRESERVATION PROGRAM** – provide intensive and comprehensive home based case management and parent education for families identified as at risk for child abuse. Interns assist in providing referrals and support, advocate for families and provide one-on-one education, based on the SafeCare model, on parenting education and child development.

**(B) SYSTEMS OF CARE** – provide intensive, strengths-based case management and rehabilitative services to children and families with complex need. Promote healthy functioning through team-based planning, which aims to develop problem-solving skills, coping skills and self-efficiency. Interns assist in contacting referrals and following up with formal/informal supports for each family, oversees application of service delivery in the client's home and provides information on community resources to families.

## **ADULT MENTAL HEALTH PROGRAMS**

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**(B, M) MENTAL HEALTH SERVICES** – help people resolve crises, change their behavior and manage unexpected life events, challenges and transition. Bring recovery to those challenged by serious mental illness, co-occurring disorders and addiction. Interns assist in intake and treatment planning, refer and link clients to community resources, facilitate individual and group sessions, and provide outreach and crisis intervention services.

**(B, M) SUBSTANCE ABUSE SERVICES** – set individuals battling addiction on the path to recovery via outpatient services and community programs. Interns assist with intake, assessments and psychosocial rehabilitation and help facilitate group and individual sessions.

**(B, M) WOMEN IN RECOVERY** – help women involved in the criminal justice system recover from past trauma, conquer addiction, connect to available resources and become positive, contributing members of the community. Interns assist with intake and assessment services, psychosocial rehabilitation and group sessions.

**(B) PSYCO SOCIAL REHABILITATION** – help individuals with mental illness and/or co-occurring disorders with symptom management and day-to-day functioning. Interns shadow, co-facilitate wellness and PSR groups, create programming and learn how to write notes for documentation purposes.

**(M) COMMUNITY OUTREACH PSYCHIATRIC EMERGENCY SERVICES (COPEs)** – offers 24/7 intervention for and support to individuals experiencing thoughts of suicide, extreme psychosis and other psychiatric crises. Many different scheduling options are available; interns must be willing to complete practicum and internship. Interns will, by the end of the experience, be paired with a seasoned partner, conduct crisis assessments and function as a full team member.

**(B, M) CO-PACT** – provide intensive and comprehensive therapeutic and support services to clients who are homeless and have a serious mental illness, addiction and a history of multiple hospitalizations. Interns assist with assessment, case management, rehabilitation and outreach services.

**(M) HOMELESS OUTREACH** – assist those who are mentally ill and homeless receive treatment and connect to community resources. Interns help complete intakes and assessments, assist with psychosocial rehabilitation groups and individual sessions, and conduct street and shelter outreach.

**(B, M) RICCT/SMART** – assist those who have been released from prison and have a severe mental illness and/or co-occurring disorder reintegrate into the community. Interns connect with housing and resources, as well as facilitate employment and substance abuse groups.

**(B, M) CRISISCARE CENTER** – provides critically needed psychiatric services including screening, triage, assessment, crisis respite, 24-hour service and crisis stabilization up seven days. Interns will assist with triage, assessment, monitoring, crisis intervention, linking patients to community resources, co-leading group and individual therapy services.

For more information, contact Claudia Arthrell, director of professional services, at 918.560.1244 or [carthrell@fcsok.org](mailto:carthrell@fcsok.org). Applications are available online at [www.fcsok.org/jobs/interns](http://www.fcsok.org/jobs/interns).

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